



SRI GURU HARGOBIND SAHIB GURMAT  
VIDHYALA ~ BRISTOL GURMAT CLASS

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# CAMPER PACK

14-16 AUGUST  
2023

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SIKH FAMILY CAMP 2023

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# Sikh Family Camp 2023

Dear Camper/Sevadaar,

We are so excited to welcome you to our first ever residential camp. We can confirm that your application has been accepted and payment has been received.

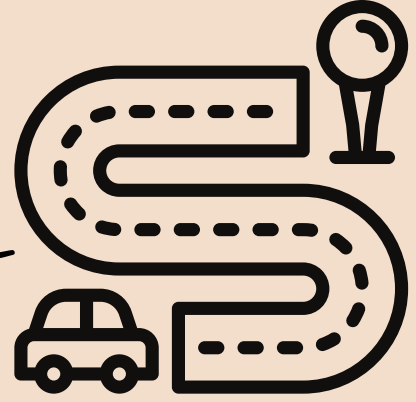
Please find enclosed:

- What to pack
- Rules and regulations
- Consent form - required by all ages

Please ensure that you read the enclosed information carefully and you bring your completed consent forms with you to the camp. Failure to present appropriately completed consent forms will mean you are not able to participate in activities.

If you have a medical condition or any special dietary requirements, let us know at the earliest opportunity - please email us at [info@bristolgurmatclass.com](mailto:info@bristolgurmatclass.com)

# Getting to Camp



For all Bristol residents, the journey to the campsite will take place on the morning of Monday 14th August. Coaches will be leaving at 7.30am promptly so we request you to arrive at the pick up point by 7am.

Pick up point for Bristol residents ONLY:

Opposite Jeevan Sweets 415-417 Stapleton Rd, Easton,  
Bristol BS5 6NE

If you are coming from outside of Bristol, please make your own way to camp. The camp location is:

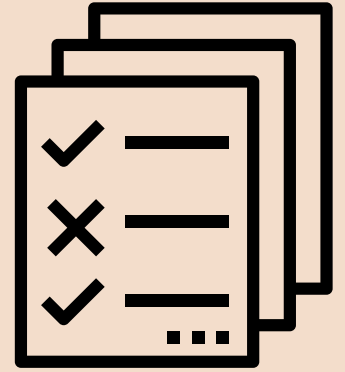
**Hilston Park**

**Newcastle, Monmouth, NP25 5NY**

Please contact the number below if you have any queries in regards to the above.

General Contact: [info@bristolgurmatclass.com](mailto:info@bristolgurmatclass.com) /  
07858645022

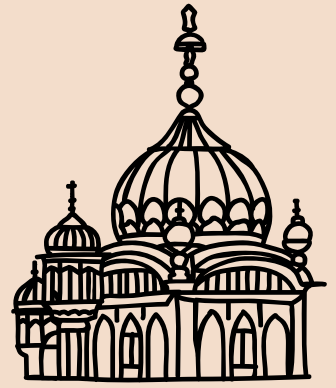
# Rules & Regulations



- Campers shall respect all sevadaars, fellow campers and other camp site users.
- Talking during divans and lectures should be restricted to an absolute minimum.
- Campers will be responsible for the safekeeping of their own possessions.
- Mobile phones shall not be used on site.  
There will be provision for urgent/emergency calls.
- Anyone found under the influence of or in possession of alcohol, drugs, cigarettes etc will be expelled from camp.
- A gender split will be observed for sleeping quarters.
- Portable audio, video and camera equipment cannot be brought to the camp without first obtaining permission from Camp Sevadaars.

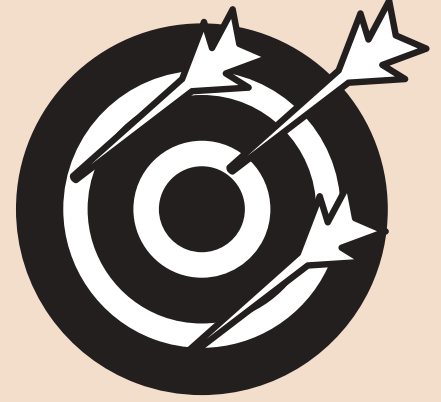
- **Visitors will not be allowed on site without prior authorisation from the administration co-ordinator.**
- **There is a ban on aerosols as the site has very sensitive fire alarms.**
- **In the event of an injury or illness, a sevadaar should be notified immediately.**
- **In the event of an injury or illness, a sevadaar should be notified immediately.**
- **In the event of an incapacitating injury the patient should be isolated and not moved.**
- **All campers are expected to maintain discipline and follow instructions from their group leaders and other sevadaars at all times**
- **Though we wish for campers to enjoy the experience and atmosphere of the camp, damage to property or violent/abusive language or behavior towards sevadars, fellow campers or other site users will lead to immediate appropriate action, including compensation and possible expulsion without refund.**

# Doing Seva



- Campers or sevadars wishing to carry out seva of either Parshad, Chaur Sahib, Kirtan or Ardaas should have an appropriate degree of cleanliness and should have bathed, especially after any physical activity or after going to the bathroom.
- Fresh/clean clothes should be worn for all seva.
- For seva in Langar, cleanliness should be ensured at all times - including removing jewelry and keeping your head covered.
- Seva should be carried out in a humble, dignified and respectful manner. Unnecessary talking and excessive laughing etc should be minimized whilst doing seva.

# Activities



All outdoor activities will take place  
on Tuesday

**Archery - Raft Building - Leap of  
Faith - Ziplining - Jacob's Ladder**

- **Appropriate clothing should be worn for activities - for example, no sleeveless tops or shorts should be worn. Long sleeve tops and full length bottoms are advised as activities will involve ropes, climbing frames etc, which may cause friction burns to exposed skin.**
- **Some activities require campers to wear helmets (even if wearing a patka), unless you are wearing a dastar. If you can bring dastaars with you, that would be great as you won't have to wear a helmet. You will have to sign a waiver for this.**

# What to Pack



**In addition to your normal clothes, you will need to bring:**

- **Towels**
- **Toiletries and personal hygiene effects**
- **Medication - any inhalers, tablets etc that you may require**
- **Durable outdoor footwear - trainers etc**
- **Waterproof jacket**
- **Long sleeved tops and bottoms for activities**
- **Water bottle**
- **Sun cream lotion**



# Notes

- 1. You should ensure that you have sufficient quantities of clean clothes to wear during morning and evening divaans (including appropriate head covering). Bear in mind that there are no laundry facilities on site.**
- 1. You should bring at least two items of each type of clothing that are suitable for outdoor activities, which may be cold, wet and dirty!**
- 1. Campers will be expected to dress modestly at all times so as not to cause offense to others. Shorts or  $\frac{3}{4}$  lengths will not be allowed for either male or female campers. Hats and caps are not to be worn at any time.**
- 1. BGC will not be responsible for any loss or damage to personal belongings. You should therefore avoid bringing any valuable items.**
- 1. You may wish to mark items such as towels with your name.**

# General Information

**The campsite is a traditional camping venue, meaning the bedrooms are all set out as dorm rooms. Each dorm room has bunk beds and unfortunately there is no single beds or single rooms available. Additionally, all bathroom facilities are shared.**

**Our sevadaars have worked hard to ensure campers are put into rooms with friends or with family.**

**Furthermore there will be a male and female divide in the sleeping quarters. This is a strict divide and any cross over will not be tolerated.**

# So are you ready?

We cannot wait to see you all on the  
14th August!

If you are travelling from outside of  
Bristol, please ensure you arrive at  
the camp site by 9am.

If you have any queries regarding the  
information in this pack, please email  
[info@bristolgurmatclass.com](mailto:info@bristolgurmatclass.com) or ring  
07858645022

ਵਾਹਿਗੁਰੂ ਜੀ ਕਾ ਖਾਲਸਾ, ਵਾਹਿਗੁਰੂ ਜੀ ਕੀ ਫ਼ਤਿਹ! ਰੂ ਜੀ  
ਕਾ ਖਾਲਸਾ, ਵਾਹਿਗੁਰੂ ਜੀ ਕੀ ਫ਼ਤਿਹ!

Vaheguru Ji Ka Khalsa, Vaheguru Ji Ki  
Fateh